



IMAMIA MEDICS INTERNATIONAL
(IMI) CANADA

ANNUAL NATIONAL CONFERENCE VAUGHAN, ON
2023



CRUISE



GALA DINNER



VENUE



SHOPPING

ADVANCES IN CLINICAL MEDICINE DEVELOPING A HEALTHY COMMUNITY

7th - 8th OCTOBER²⁰²³
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IMI CANADA NATIONAL CONFERENCE 2023

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THE MOST BRILLIANT MINDS



**DR. MOHAMED
LACHEMI**



**DR. ZULFIQAR
BHUTTA**



**DR. NAWEED
SYED**



**DR. FATIMA
KAMALIA**



**DR. SHABIR ALI
BHAH**



**DR. NAHEED
ALI**

7-8TH 2023
OCTOBER



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RAB BAY ISMAY TAA'LA

Service to Humanity is one of the most important tenets of Islam and is truly the driving force behind Imamia Medics International. Since its inception in 1994, IMI has grown from an idea to a Global force for change, including our Canadian chapter led by the wonderful and dedicated Dr. Yasser Haider.

Some highlights of IMI's powerful impact on the improvement of and access to healthcare include but not limited to the Haj Mission, Arbreen Medical Camp, Vaccination and Blood Drives, and Disaster Management to name a few.

As with any charitable endeavor, these projects cannot be made possible without the dedicated vision and invaluable contributions of members of our community.

Financial contributions from the Toronto Community are critical to continuing this work and in making further advances in IMI's humanitarian projects.

No contribution is too small or insignificant- your time, monetary donations, or anything else that you can volunteer, allows IMI to make great strides into the future of healthcare for all those that we aim to serve.

MAY ALLAH BLESS YOU.
REGARDS.

DR. ASAD SADIQ
GLOBAL PRESIDENT
IMAMIA MEDICS INTERNATIONAL

DR. ASAD SADIQ



DR. SYED YASIR HAIDER



Dear Conference Attendees,

Welcome to the Advances in Clinical Medicine & Developing a Healthy Community Conference organized by IMI Canada! We are thrilled to have you all here as we gather to network, educate, and plan for a healthier future.

As the president of IMI Canada, I am honored to be part of this esteemed gathering of healthcare professionals & community leaders. IMI has emerged as a global force, dedicated to making a positive impact in the field of healthcare. Our organization is committed to providing career guidance for healthcare students and professionals, ensuring that they have the necessary resources and support to excel in their chosen paths.

This conference serves as a platform for us to share knowledge, exchange ideas, and collaborate on innovative solutions that will shape the future of clinical medicine and contribute to the development of healthy communities. On behalf of IMI Canada, I extend my heartfelt gratitude to all the attendees, speakers, and sponsors who have made this conference possible.

WARM REGARDS,

DR SYED YASIR HAIDER MD FRCS(C), FRCS- ORTH
PRESIDENT, IMI CANADA



Message from Honorable Paul Chiang MP

As a Member of Parliament for Markham-Unionville and Parliamentary Secretary to the Minister of Immigration, Refugees and Citizenship, it gives me great pleasure to extend my warmest welcome to all of you to the Imamia Medics International Canada Chapter's National Conference on Developing a healthy community.

The remarkable achievements as well as health, social and charitable services provided by the Imamia Medics International—Canada under the able leadership of my dear friend, Dr Syed Yasser Haider, is truly a source of pride for our community both locally and nationwide.



The conference promises to be truly an informative one, covering a wide range of topics with lectures by world-renowned and award-winning physicians, specialists, medical researchers and scientists. The various events will surely provide great networking opportunities, in particular for the newly arrived international medical graduates & healthcare professionals in Canada.

While you are here, we invite you to spend some time exploring our spectacular community. I'm sure you will see firsthand why Markham & Unionville gets so much attention for its hospitality and beauty. Whether you are a visitor, seeking a location for your business, or potentially a future resident, Markham is certain to provide countless

MP PAUL CHIANG

MP FOR MARKHAM-UNIONVILLE & PARLIAMENTARY SECRETARY TO
THE MINISTER OF IMMIGRATION, REFUGEES AND CITIZENSHIP.



A Message from the Mayor

September 29, 2023

On behalf of the City of Vaughan and Members of Council, I want to welcome you to the IMI Canada National Conference 2023.

We are pleased to have you in Vaughan, as you discuss the leading health issues of today and the challenges of tomorrow. The City is also looking to the future of healthcare with the Vaughan Healthcare Centre Precinct (VHCP) – our most ambitious city-building project to date. This unique partnership with health innovation leaders like Mackenzie Health, York University and ventureLAB is changing the trajectory of healthcare forever. The VHCP will become a magnet for excellence in health research, education, commercialization and more, and we are inviting innovators, clinicians and dreamers to join us as we work toward a brighter future.

I want to express my appreciation to the organizing committee, volunteers and staff at IMI whose hard work is making this meaningful conference possible.

Please accept my best wishes for a successful weekend.

Sincerely,



Steven Del Duca
Mayor



IMI- Canada National Conference 2023

Advances in Clinical Medicine: Developing a Healthy Community

OCT 7th-8th 2023
Toronto, Canada

Day 1 - Saturday October 7th, 2023

08:00 am – 08:25 am	Registration and Light breakfast
08:25 am – 08:30 am	Welcome by Conference Co-Chair Dr. Akber Mithani
08:30 am – 10:30 am	Morning Session - Managing lifestyle, Physical and Emotional health Moderator: Dr. Fatima Kamalia, MD FRCP, FAAP
08:30 am – 9:00 am	Obesity: Emerging concepts and Management Dr. Naheed Ali
09:00 am – 9:30 am	Preventative Cardiac Health: Hypertension, Lipidemia and Physical Activity Dr. Mohamed Panju
09:30 am – 10:00 am	An approach to common Mental Health Challenges in Muslim Adolescents - A Clinical Approach Dr. Syeda Abbas, MD FRCP, FAAP
10:00 am – 10:30 am	Panel discussion and question period Moderator: Dr. Fatima Kamalia, MD FRCP, FAAP
10:30 am – 11:00 am	Health Break and Networking
11:00 am – 12:00 pm	Keynote Address 1 - <i>Child Mortality: How it affects Developing Nations</i> Dr. Zulfiqar Bhutta (PhD, MBBS, FRCPC, FAAP) Introduction by Dr. Shabih Hasan*
12:00 pm – 01:00 pm	Lunch and Networking
01:06 pm – 01:30 pm	Salaat
Afternoon Session	
01:30 pm – 02:15 pm	Keynote Address 2 - <i>The Future of Medicine- Human vs Artificial Intelligence</i> Speaker: Dr. Naweed Syed (PHD) Introduction by Dr. Syed Yasser Haider (MD, FRCSC, FRCS-Orthopaedics)
02:15 pm – 02:45 pm	<i>Ultra-Minimally Invasive treatment options for Back Pain</i> Speaker: Dr. Nameer R. Haider MD, FAAPM&R, DABPM, AQPM Introduction by Dr. Nushad Noorani (MD, FRCPC)
02:45 pm – 03:15 pm	<i>Helping Hospitals Improve Standards and Nursing Education Abroad</i> Speaker: Sr. Shairoz Somji (RN) Introduction by Dr. Nabiha Musavi
03:15 pm – 03:30 pm	Panel discussion and question period
03:30 pm – 03:45 pm	Short Health Break



IMI- Canada National Conference 2023

- 03:45 pm – 04:45 pm** End of life care – A Muslim Bioethical Approach
*Dr. Shabbir Alibhai (MD, MSc, FRCPC) & Dr. Akber Mithani (MD, MCFP, COE)**
Introduction from *Dr. Akbar Mithani*
- 04:45 pm – 05:00 pm** Closing remarks
*Dr. Shabih Hasan**
- 07:30 pm – 11:00 pm** **GALA Dinner**

07:30 pm – 07:35 pm Welcome *Ali Fadhel*

07:35 pm – 07:40 pm Quran Recitation *Quran Reciter*

07:40 pm – 07:50 pm Recital / Performance *Ali Fadhel*

07:50 pm – 07:55 pm IMI Canada Video Virtual Presentation

07:55 pm – 08:25 pm Buffet Dinner

08:25 pm – 08:35 pm Introduction
Dr. Asad Sadiq - IMI Global president

08:35 pm – 08:50 pm Address
Honorable Paul Chiang MP

08:50 pm – 09:00 pm Address
Mark Holland Minister of Health

09:00 pm – 09:25 pm
Dr. Mohamed Lachemi BSc, MASc, PhD, PEng President and vice-chancellor of Toronto Metropolitan University

09:25 pm – 09:45 pm
Awards for Lifetime Achievement, Service Award and Volunteer Award
Dr. Syed Yasser Haider (MD, FRCSC, FRCO-Orthopaedics)

09:45 pm – 10:30 pm Recital / Performance *Ali Fadhel*

10:30 pm – 10:45 pm Raffle Draw

10:45 pm – 10:50 pm Closing Remarks
Dr. Syed Yasser Haider (MD, FRCSC, FRCO-Orthopaedics)

Day 2 – Sunday October 8th, 2023

Morning Session

08:00 am – 08:30 am Breakfast

08:30 am – 09:30 am General Body Meeting
Dr. Naushad Noorani (MD, FRCPC)

09:30 am – 10:30 am Inauguration of - Western Canada chapter, Women wing
Dr. Abbas Haideri , Sr. Shyrose Jaffer-Dhalla

10:30 am -10:45 am Break

10:45 am – 11:30 am Farewell speech by ex-president & Announcement of the new president & the board and Inaugural speech by the new president.
Dr. Naushad Noorani (MD, FRCPC)

11:30 am – 01:00 pm IMG career pathway seminar and career guidance session
Introduction *Dr. Shabbir Kanjee*
Pathway for Assistant physician MD pathway in Ontario/CARMS *Dr. Nusrat Parveen*
US pathway for IMG *Dr. Sameena Huda*
Research options for IMG Pharmacy assistant/ pharmacy technician *Ameen Jagani*
IMG - BC *Dr. Akber Mithani*
IMG - Alberta *Dr. Sabih Hasan*
Orientation to the Canadian Medical Licensing Exams *Dr. Ruqiya Afroz*
Q and A & Wrap up Volunteer Appreciation Certificates
Dr. Syed Yasser Haider (MD, FRCSC, FRCO-Orthopaedics)

01:00 pm – 1:15 pm Lunch to go

01:15 pm

(approx). Zuhur prayers

03:30 pm Buses leave for the dinner cruise

Cruise Session 06 pm-10 pm Toronto Boat Cruise

CME SPEAKERS

Keynote 1



Dr. Zulfiqar A Bhutta

PhD, MBBS, FRCPC, FAAP, FRS



Dr. Zulfiqar A. Bhutta, is the Robert Harding Inaugural Chair in Global Child Health and Policy at the Hospital for Sick Children, Toronto, and the Co-Director of the SickKids Centre for Global Child Health. He is a Professor and Founding Director of the Institute for Global Health and Development and the Centre of Excellence in Women and Child Health, at the Aga Khan University, unique joint appointments. He also holds. He holds adjunct professorships at several leading Universities globally including the Schools of Public Health at Johns Hopkins (Baltimore), George Washington University (DC), Boston University School of Public Health, University of Alberta as well as the London School of Hygiene & Tropical Medicine.

He has published ten books, over 150 book chapters, and 1300 indexed publications to date. He is one of the most highly cited academics in global health and was recently ranked among the top 100 medical scientists globally by Research.com. He leads large research groups in Canada, Pakistan and East Africa researching issues of relevance to global health, and has a special interest in health and development across the Islamic world.

Dr. Bhutta has received numerous awards over the years, most recently being recognized by the Senate of Canada with its Canada 150 Medal for contributions to Global Child Health, admitted to the National Academy of Medicine and elected as a Fellow of the Royal Society. He was awarded the Roux Prize 2021 for his work on evidence-based public health impact, the 2022 John Dirks Canada Gairdner Global Health award and more recently Canada's Henry Friesen Prize for International Health Research.



Keynote 2



Dr. Naweed Syed

Dr. Naweed Syed is a Professor and Chief Scientist, Creative Destruction Lab and Peak Scholar at the Cumming School of Medicine, University of Calgary. He has served as the Research Director of the Hotchkiss Brain Institute, and the Department Head for Cell Biology and Anatomy for over 10 years. He also served as the Research Director at the Alberta Children's Hospital Research Institute for five years.

Dr. Syed obtained his Master's degree from the University of Karachi, Pakistan, his PhD in Neurophysiology from the University of Leeds, UK, and did a 3 year Postdoctoral training at the University of Calgary. Dr. Syed has led several major research and academic initiatives for the University, and has drafted the Canadian National and Provincial Innovation Strategy for Canada.

Dr. Syed has published over 160 papers in peer-reviewed scientific journals, has been the recipient of over 170 awards, and has delivered over 250 invited Keynote lectures around the world.



DR. NAHEED ALI

MD, FRCPC

Dr. Naheed Ali specializes in outpatient cardiology, cardiac imaging, and internal medicine with a special focus on the management of metabolic disorders including Obesity and Type 2 Diabetes.

She received fellowship training in internal medicine and cardiology at McMaster University, University of Western Ontario, and University of Toronto. She completed subspecialty interventional and nuclear cardiology training at the University of Toronto and McMaster University. She is a Diplomate in the subspecialty of Nuclear Cardiology. She has held academic positions at several Canadian and American universities including University of Manitoba, Tufts University, and Queens University. She is a former coronary care director at St. Boniface and Kingston General Hospital.

She will address Semaglutide (Ozempic and Wegovy), focussing on its use in diabetes, cardiovascular advantage and off label use for obesity.



Dr. Mohamed Panju

Dr Mohamed Panju is an Associate Professor of Medicine at McMaster University and practices General Internal Medicine at Hamilton Health Sciences.

He is currently the Chief of Medicine at the Hamilton General Hospital Site. He is also the Medical Director for outpatient General Internal Medicine at the Boris Clinic at McMaster University.

He has previously held positions within the post graduate residency program at McMaster and was previously the deputy Program Director and Competency Committee co-chair within the core Internal Medicine training program. He is currently an examiner for Internal Medicine at the Royal College of Canada.

His medical interests include, medical education, out-patient remote monitoring and hospital administration.



Dr. Syeda Abbas

MD, FRCPC

Dr. Syeda Abbas completed pediatric residency at the Alberta Children's Hospital in 2019. She is a fellow of the Royal College of Physicians and Surgeons of Canada, and a Clinical Lecturer at the University of Calgary. She is a Hospital Pediatrician at Peter Lougheed Centre and deals with inpatients and newborn care. She also works with children with complex medical needs via COPE program and P-KIC.

Outside of work, she enjoys outdoor activities, arranging family reunions and traveling.

Dr. Fatima Kamalia MD, FRCP, FAAP

Dr. Fatima Kamalia is an accomplished pediatrician with a very well established practice in the GTA.

She is a former attending staff at McKenzie Health Hospital in Richmond Hill as well as an affiliate with the Hospital for Sick Children in Toronto.

She has served on the board of IMI Canada for many years and volunteered for IMI's medical mission in Iraq during Arbaeen.

She recently joined the ISU Burial (Mayaat) Committee. She has traveled with Global Kindness Foundation (GKF) for medical missions to: Peru, Lebanon, Syria and most recently to Iraq. She is a core member of humanKIND: a Toronto based charity who serve women and children in shelters around the GTA.



Dr Naushad Noorani

MD, FRCPC • Psychiatrist

Dr. Noorani is a consultant Psychiatrist at William Osler Health System at the Brampton Civic Hospital. He graduated from Dow Medical College in Karachi, Pakistan and He specialized and completed his Residency Training from Ohio State University in Columbus, Ohio. He is a Fellow of the Royal College of Physicians of Canada (FRCPC). He has served as the president of Imamia Medics International (IMI) Canada and a member of IMI's Board of Regents. He is a foundational member of IMI Canada and is currently a member of IMI Headquarters Executive Committee.



Dr. Shabih U. Hasan

Chair CME Program



Dr. Shabih Hasan is a Professor of Pediatrics at the University of Calgary and a physician in the Section of Newborn Critical Care at Foothills Medical Centre. He has held external salary awards as a senior Clinical Investigator and Medical Scholar from the Alberta Heritage Foundation for Medical Research and operating funds as a Principal Investigator from numerous organizations.

Dr. Akber Mithani MD, MCFP (COE)

Co-Chair CME Program

Dr. Akber Mithani is currently The Regional Medical Director for Fraser Health, and a Clinical Associate Professor for the Faculty of Medicine at the University of British Columbia (UBC). He received his medical doctor training at the Memorial University of Newfoundland.



He has devoted his career to the care of the elderly through geriatric psychiatry and medicine, residential care, and acute specialized geriatric programs. His expertise is in Long Term Care, and has extensive experience with medical leadership.

Dr. Shabbir Alibhai MSc, MD, FRCPC



Dr. Shabbir Alibhai is a Professor in the Department of Medicine, Institute of Health Policy, Management, and Evaluation, and Institute of Medical Sciences at the University of Toronto. He is a staff physician in the Division of General Internal Medicine and Geriatrics at the University Health Network, a senior scientist at the Toronto General Research Institute and the Toronto Rehabilitation Institute, and a previous Research Scientist of the Canadian Cancer Society.

Dr. Alibhai received his medical degree from the University of Toronto in 1993. He completed residency training in Internal Medicine in 1996 and obtained subspecialty certification in Geriatric Medicine in 1998, both at the University of Toronto. In 2001 he completed a Masters of Science in Clinical Epidemiology and Health Care Research at the University of Toronto.

Dr. Alibhai's research interests are in geriatric oncology, with a special focus in prostate cancer and the value of geriatric assessment in oncology. As of early 2015, he is also the medical lead for the geriatric oncology program at the Princess Margaret Cancer Centre, Canada's largest academic cancer centre.

Dr. Nameer Haider MD, FAAPM&R, DABPM, ACPM

Dr. Nameer Haider is an internationally renowned Surgeon whose highly specialized practice focuses on providing patients suffering from spinal and skeletal pain with state-of-the-art treatments using the most advanced diagnostic tools and minimally invasive treatment techniques



Dr. Syed Yasir Haider

MD, FRCSC, FRCO-Orthopaedics



Dr. Syed Haider is a senior orthopaedic consultant surgeon at Markham-Stouffville Hospital in Toronto, Canada. He is the innovator in joint preservation surgeries, cartilage regeneration and rapid recovery joint replacement program. He is the current president of IMI Canada.

He is a visiting professor at several international medical institutions including King Edward Medical University and St George's University.

Shairoz Somji, RN



Shairoz Somji is a Registered Nurse with a Degree in Bachelor of Science in Nursing from St. Francis Xavier University and Post Graduate Certificates in Leadership and Management from McMaster University and Nursing Education for The Practice Setting from The University of Toronto.

She currently works at St. Mary's General Hospital in Kitchener in the Pre-Surgical Clinic. She has been involved with IMI since it was established in 2014. She is also currently on the Board of Directors for Paraprofessional Affairs May 2020. Her presentation will consist of Helping Hospitals Improve Standards and Nursing Education Abroad.

GALA SPEAKERS



Dr. Mohamed Lachemi BSc, MSc, PhD, PEng

Dr. Mohamed Lachemi is president and vice-chancellor of Ryerson University. An internationally recognized researcher and accomplished academic administrator, he has been a key contributor to the growth of Ryerson over a transformational time in the university's history.

As president, he has contributed to the success of the Digital Media Zone (DMZ) – named the #1 university-based incubator in the world – and promoted the establishment of Ryerson as a global university with the opening of learning zones in Vietnam and India. He has overseen the development of Rogers Cybersecure Catalyst – a national centre for cybersecurity, and navigated approvals for a new and innovative law school launching in 2020. Under his direction, Ryerson was awarded leadership of the Future Skills Centre consortium, with a mandate to ensure Canadians develop the skills they need in the new economy. A Ryerson professor of civil engineering since 1998, he has served in progressively senior roles, including dean of the faculty of engineering and architectural science, and provost and vice-president academic.

Dr. Lachemi is well known for his pioneering research in sustainable materials and innovative technologies that mitigate the effects of built structures on the environment, and was awarded a Canada Research Chair in Sustainable Construction. He is a member of the National Research Council of Canada, Fellow of the Canadian Society for Civil Engineering, a Fellow of the Canadian Academy of Engineering, and a board member of Trillium Health Partners.

Paul Chiang



Parliamentary Secretary to the Minister of Immigration, Refugees and Citizenship Markham–Unionville

Paul Chiang was first elected as the Member of Parliament for Markham–Unionville in 2021. He previously served as Parliamentary Secretary to the Minister of Housing and Diversity and Inclusion (Diversity and Inclusion).

Prior to entering politics, Mr. Chiang worked with the York Regional Police, where he served with distinction for 28 years, most recently as a sergeant with the Diversity and Cultural Resources Unit. A champion for diversity and inclusion, he dedicated his career to building bridges between local residents, communities, and police services.

Born in Karachi, Pakistan, from Chinese parents, Mr. Chiang immigrated to Canada in 1976. An active member of his community, he has committed to making it a safe and welcoming environment for people of all backgrounds and ages, and has worked to help improve access to community services. In recognition of his services to the community, Mr. Chiang received the Queen Elizabeth II Diamond Jubilee Medal in 2012 and the Police Exemplary Service Medal in 2013.



Dr. Asad Sadiq

IMI's 12th Global President, Dr. Asad Sadiq is a competitive Dental and Maxillofacial Surgeon with a proven track record of success in the Dental practice sector. He is a former Chair of IMI's Global Dental Wing and one of the pioneering members of IMI in North America. Over the years, he has also served on the Boards of many Muslim organizations and imambargahs.

Dr. Asad Sadiq has over 35 years of experience. Governor of NJ, Phil Murphy appointed Dr. Sadiq to the State Board of Dentistry in November 2022. He is a graduate of UMDNJ and holds memberships in the American Dental Association,

The Academy of General Dentistry, and the Southern Dental Society. Dr.

Sadiq also trained in implant technology at NYU. Dr. Sadiq has hosted workshops and seminars in many countries to inspire and empower dental students.



Rizwan khalfan

Rizwan khalfan is seasoned professional in the financial industry having worked and lived in Toronto, NY, London and Chicago. He is currently serving as the Chief Digital and Payments Officer at TD Bank.

He has served in various capacities within the community on charitable boards including being the current President at ISJ of Toronto. He is committed to supporting equal opportunity, promoting education, investing in our youth and planning for the future.

Hope this suffices and feel free to edit as necessary.



Salma Zahid

Salma Zahid was born in Coventry. She holds a master's degree in educational management and administration from the University of London's Institute of Education, and an MBA from Quaid e Azam University in Pakistan. She is Pakistani Canadian, mother of 2 and has resided in Scarborough since 2000. She is a recipient of the Queen Elizabeth II Diamond Jubilee Medal. Zahid was a community organizer and worked for the Government of Ontario in multiple positions before running in the election.

Salma Zahid was re-nominated to run in Scarborough Centre for the Liberals in the 2019 Canadian federal election



Ali Fadhil

Ali Fadhil is an Islamic Nasheed artist, coming from a traditional Iraqi back ground. He is experienced in Islamic recitation focusing on the importance of Islam through poetry and melody.

He has lived in the West for the majority of his life and thus has accustomed himself with modern western poetry and recitation.

As well as recitations Ali Fadhil also works in the media as a TV presenter for numerous Islamic television channels.

In terms of public recitation, Ali Fadhil has travelled the world expressing the love of Islam through poetry and singing, and produced numerous albums and videos available online.



Shyrose Jaffer-Dhalla

Zakira Shyrose Jaffer Dhalla, B.A (hons), M.Ed., is a graduate of York University (Toronto, Canada) and holds a Bachelor's Degree in Psychology and Sociology and a Master's Degree in the field of Education. She lectures on Islam at mosques, universities, churches and interfaith gatherings and also recites majalises in Urdu, English and Gujarati.

A published freelance writer, playwright, motivational speaker and Anti-Racist Educational Counsellor by profession, she conducts workshops on Race and Cultural sensitivity and often appears on TV program panels and radio talk shows to speak on Race Relations.

She is a puppeteer and has appeared twice a week for 5 years on her TV show "Zakira Shyrose and the Puppets" on UK-based TV station Ahlulbayt TV. Her puppet shows appear regularly on Hidayat TV (UK), Ahlebait Channel (UK), Mainstay Foundation Channel, OCN Channel (Hyderabad), NASIMCO Channel (Toronto) and many others.



Message from Honourable Salma Zahid MP

Assalam Alaikum

As a member of the Canadian parliament, I would like to Congratulate Imamia Medics International Canada, for hosting a medical conference discussing a critical topic of advances in clinical medicine and developing a healthy community. This conference has brought healthcare professionals from across Canada and the United States, under one roof.

A warm welcome to all conference attendees. Canadians are grateful for your valuable efforts to provide essential and high-quality healthcare across Canada and for countless others across the globe in underserved areas. I also commend the efforts of IMI regarding international disaster relief, health equality & women's health, women empowerment.

Let me also take this opportunity to wish you all a joyful Eid at the birth date of the Holy Prophet of Islam, Prophet Mohamed (P.B.U.H)

SALMA ZAHID

MEMBER OF PARLIAMENT FOR SCARBOROUGH CENTRE



Women's Wing Session

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SHYROSE DHALLA, B.A, M.Ed

Women's Wing Chair,
 IMI Canada

IMI ANNUAL NATIONAL CONFERENCE, VAUGHAN, ON 2023

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1. Obesity - Emerging Concepts and Management: Dr Naheed Ali Learning Objectives:

At the conclusion of this presentation, participants will be able to:

- Acquire knowledge of the prevalence, the alarming increase, health-care burden of obesity in Canadian Population
- Comprehend the epigenetics, pathophysiology, epidemiology and psycho-social aspects of obesity and its relationship with diabetes mellitus.
- Understand the cardiovascular, pulmonary and other organ implications of obesity.

This presentation will cover:

- Medical treatment of obesity including new pharmacologic agents and its off-label use.
- Surgical treatment of obesity 3. Step-Care approach of medical, surgical, psychosocial and multi-disciplinary aspects of patient management.

CanMEDS-FM Competency: Medical Expert, Collaborator, Health Advocate

2. Preventive Cardiac Health: Hypertension, Lipidemia, and Physical Activity: Dr. Mohamed Panju

Learning Objectives: At the conclusion of this activity participants will be able to :

- Identify ways to improve cardiac health
- Implement Canadian Hypertension guidelines in patient care
- Implement Canadian lipid guidelines in patient care
- Develop healthy lifestyle plans for patient care

CanMEDS-FM Competency: Communicator, Collaborator, Health Advocate, Medical Expert

3. Approach to Common Mental Health Challenges: Dr. Syeda Abbas Learning Objectives:

- Develop a comprehensive understanding of common mental health issues.
- Learn effective communication skills for addressing mental health concerns.
- Explore strategies for supporting patients with mental health challenges.

CanMEDS-FM Competency: Communicator, Collaborator, Health Advocate

The audience will be able to:

- Understand the Teen brain and how it impacts their behaviors, problem-solving and decision-making
- Recognize the challenges faced by Muslim youth in the West.
- Appreciate the barriers that keep youth from seeking and receiving care.
- Acknowledge important ethical and moral issues to consider while dealing with Muslim youth in the West

4. Future of Medicine - Human vs Artificial Intelligence: Dr Naweel Syed PHD

At the end of this session, the learners should be able to identify and relate to, some of the most modern techniques and future clinical practices in the field of precision health. The learners should be able to define the difference between biological verses artificial intelligence They should be able to define brain and mental health, and determine whether the human mental faculties could be matched by artificial intelligence. What skillsets will the learners be requiring to meet the future challenges while integrating artificial intelligence in their medical practices The learners will be exposed to various cutting edge technologies that are in the pipeline and readied for medical practices They will be exposed to state of the art brain chip technologies and how they may change the game for various mental ailments.

CanMEDS-FM Competency: Collaborator, Leader, Scholar



5. Topic: Sustainable Development Goals for Child Health in the Islamic World: Status, Challenges, and Opportunities:

Dr Zulfiqar A Bhutta, PhD, MBBS, FRCPC, FAAP Learning Objectives:

At the end of this keynote presentation, I would expect the participants to

- Develop an understanding of global progress goals for maternal and child health and the transition from the Millennium Development Goals (2000-2015) to the Sustainable Development Goals (2015-2030).
- Understand the limitations and progress in the Islamic world for MDGs (especially across the continuum of reproductive, maternal and child health) and barriers.
- Be able to recognize the role of democracy, good governance and equitable policies addressing social determinants of health from recent examples of a. Relationship of governance and child mortality from the MENA region b. COVID-19 pandemic responsiveness in the Islamic world c. Examples of subnational nutrition progress from Pakistan.
- Be able to recognize the role of investments in science and public health investments across the Islamic world from a recent comparative science evaluation.
- Understand the importance of equitable policies in addressing newborn and child health survival in Pakistan from recent examples from large scale implementation projects, and implications for policy.

CanMEDS-FM Competencies: Leader, Scholar, Communicator, Medical Expert, Health Advocate, Collaborator

6. OBJECTIVES FOR HELPING HOSPITALS IMPROVE STANDARDS AND NURSING EDUCATION ABROAD Shairoz Somji, RN

- Identify common types of harmful events in a hospital setting.
- Distinguish between "Near misses", "Adverse Events", and "Errors".
- List major and minor risk factors predisposing patients to harm in a hospital.
- Indicate hazard prevention measures for hospitalized patients.
- Identify staff safety concerns in a hospital setting.
- List hazard prevention measures for hospital staff.
- Indicate the various aspects of study programs abroad that predispose patients to harm in a hospital abroad.
- Identify ways Canadian health care professionals can assist in reducing harm to patients in a hospital abroad.

CanMEDS-FM Health advocate, Communicator, Collaborator

7. Topic: End of Life Care - A Muslim Bioethical Approach:

Dr. Shabbir Alibhai (MD, MSc, FRCPC) Dr A. Mithani

The learning objectives are as follows: Using case-based interactive examples, this session will: Outline principles of end of life decision-making process in frail seniors suffering from dementia Discuss bioethical challenges in goals of care discussions with patients and families Develop a framework for conversations and discussions with caregivers and families in a holistic approach to end of life care in frail seniors Develop an interactive feedback process

CanMEDS-FM Competencies: Scholar, Communicator, Medical Expert, Health Advocate, Collaborator, Professional

8. Topic: Ultra-Minimally Invasive treatment options for Back Pain

Dr. Nameer R. Haider MD, FAAPM&R, DABPM, AOPM

The learning objectives are as follows: Using case-based interactive examples, this session will: Outline principles of end of life decision-making process in frail seniors suffering from dementia Discuss bioethical challenges in goals of care discussions with patients and families Develop a framework for conversations and discussions with caregivers and families in a holistic approach to end of life care in frail seniors Develop an interactive feedback process

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